



– Rachel Coalition client, survivor of domestic violence

“I couldn't believe that there would be any other life than the life I was living – living in fear at home and feeling stupid and worthless. With Rachel Coalition's help I now have a new life and my children and I are safe and happy. Rachel Coalition is a lighthouse for us – myself, my family and the other women I've met – They didn't just tell me that freedom was possible; they stood beside me and showed me step-by-step how to get there.”

Hope, Help and Heartfelt Thanks

Dear Friends,

There are many ways you can make a difference by helping us to end domestic violence, and also support women and children in need of help. The smallest changes can make the biggest difference. Your gift to the annual Friends of Rachel Campaign helps to provide a vast array of resources and assistance to victims of domestic violence in the MetroWest Jewish community and the community at large.

Cordially,

Arlene Koenigsberg & Linda Schultz

Co-chairs, Friends of Rachel Campaign 2009-2010

**If you or someone you know is a victim of domestic violence, call Rachel day or night.**

**Call 973-740-1233 • 24-hour response • All calls are strictly confidential.**

#### Rachel Coalition Partners

Jewish Family Service of MetroWest • National Council of Jewish Women - Essex County Section

National Council of Jewish Women - West Morris Section

Women's Philanthropy of the United Jewish Communities of MetroWest New Jersey

Saint Barnabas Medical Center • MetroWest Rabbinic Cabinet

Hadassah - Northern New Jersey Region • Jewish Women International - North Atlantic Region • JCC MetroWest

Rachel is a member and beneficiary agency of the United Jewish Communities of MetroWest New Jersey and its United Jewish Appeal.



Rachel Coalition wants to keep our community emotionally healthy and strong.  
We can't do it without you.

Please become a **Friend of Rachel** today.

This year we are stepping up our outreach and volunteer efforts  
to raise awareness of domestic violence within our community.

**The first call is the hardest.**

It may be the fear of losing their children in custody battles...  
Or the lack of funds for legal representation...  
Or the fear of being homeless...  
Or the shame.

**When a victim of domestic violence calls Rachel Coalition, she's making the right call.**

At Rachel Coalition, we are working to heal those most affected by domestic violence –  
the victims, their children, their families.  
Our domestic violence professionals provide guidance and support, safety and acceptance.  
We accompany them to court.  
And we are always there in a crisis...24 hours a day, seven days a week.

**We can't do it without you. Become a Friend of Rachel today.**