

Rachel Coalition  
presents

# IN HER SHOES

An experiential and interactive workshop for the community

***Do You Ever Wonder:***

- Why a woman stays in an abusive relationship?
- Why a woman makes the choices she does?
- How a woman copes?

**This workshop will allow INDIVIDUALS to experience what a victim of domestic violence has to do once she decides to reach out for help.**

***Participants will explore:***

- The challenges and frustrations experienced by women suffering from domestic violence
- The community response to domestic violence
- Ways individuals can help

*IN HER SHOES* workshop will help participants understand in a very compressed period of time, the ups and downs a victim of domestic violence experiences over the course of many years.

**This workshop is free and approximately 90 minutes long.**

If your organization would like to schedule the *IN HER SHOES* program, please contact Sylvia Heller at Rachel Coalition, 973-765-9050 ext. 1708 or [sheller@jfsmetrowest.org](mailto:sheller@jfsmetrowest.org)



**RACHEL COALITION PARTNERS**

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