

Rachel Coalition Presents

“Healing Together in the Broken Places”

A parallel support group for
mothers and children (ages 5-12)
who have experienced partner abuse



Children who have lived in homes in which there have been partner abuse
carry many fears and feelings they hold inside.
This group for children will provide a safe place to facilitate their healing.

The Children’s Support Group will explore:

- ♥ Understanding the hurt that happened in their family
- ♥ Positive problem solving & conflict resolution
- ♥ Safety planning
- ♥ Fears & feelings

During the same time frame as the children are participating in their group,
their mothers will join other mothers for a support group for those who have experienced partner abuse.
This group will focus on how to support their children’s healing.

The Mothers’ Support group will explore:

- ♥ Supporting their child’s healing process
- ♥ Understanding their children’s feelings & experiences
- ♥ Building self-esteem in children
- ♥ Sharing common concerns

PARENTS’ GROUP & CHILDREN’S GROUP WILL MEET AT THE SAME TIME

The group will meet weekly in the early evenings for 12 weeks ♥ There is no charge for these groups.
Livingston NJ Office Location

If you are interested in this program or have questions,
please call Diane Finn, LCSW, at 973-740-1233 ext. 203 or Dfinn@jfsmetrowest.org .
All inquiries are confidential.



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